



THE DREAM BUILDER'S WORKSHOP

PART TWO

WORKBOOK

"You will never leave where you are until you see where it is, you'd rather be."





The Dream Builder's Workshop

The Time Is Now To...

Design Your Life ... Live Your Dreams

Part 2

WHAT'S IN YOUR HOUSE?

You can have anything you want if you want it badly enough. You can be anything you want to be, do anything you set out to accomplish if you hold to that desire with singleness of purpose.

Abraham Lincoln

Understanding My Makeup

I am

I have both a _____ and a _____ mind

<p>I have 5 physical senses.</p> <ol style="list-style-type: none">1. _____2. _____3. _____4. _____5. _____	<p>I also have 6 _____</p> <ol style="list-style-type: none">1. _____2. _____3. _____4. _____5. _____6. _____
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MY SUCCESSFUL LIFE WORKSHEET

WHAT IS YOUR DEFINITION OF SUCCESS? WHAT'S THE LIFE YOU DESIRE? WRITE IT HERE:	
I'm so happy and grateful that I	
HOW DO I WANT TO LIVE?	HOW MUCH MONEY THAT WILL TAKE?
I'm so happy and grateful that I	I'm so happy and grateful that I
WHAT DO I WANT TO BE KNOWN FOR?	WHAT ARE MY CORE VALUES?
I'm so happy and grateful that I	
MY STRENGTHS:	

The Dream Builder's Workshop

WHERE THOSE STRENGTHS ARE BEING USED:	
WHO IS MY TARGET AUDIENCE?	WHAT DO THEY WANT?
WHAT ARE THEIR PAINS?	SKILLS I NEED TO MASTER:

The Eight Different Intelligences

(Corresponding Professional Pursuits)

Reference: <https://personalitymax.com/>

1. Linguistic Intelligence (aka “word smart”)

This is the ability to use language and words to describe complicated concepts, understand the order and meaning of words and then apply verbal skills smoothly.

- Attorney
- Comedian
- Actor / Actress
- Author
- Broadcaster
- Communications Specialist
- Curator
- Editor
- Editor in Publishing
- Historian
- Interpreter
- Journalist
- Language Translator
- Teacher
- Lawyer
- Librarian
- Newscaster
- Poet
- Politician
- Public Speaker
- Songwriter
- Speaker
- Speech Pathologist
- Spokesperson
- Talk-Show Host
- Trainer
- Translator
- Writer

2. Logical-Mathematical Intelligence

(aka “number/reasoning smart”)

Thinking in a way to understand and explain mathematical patterns, functions and operations.

- Accountant
- Auditor
- Bookkeeper
- Chemist
- Computer Analyst
- Computer Programmer
- Computer Technician
- Database Designer
- Detective
- Economist
- Engineer
- Financial Analyst
- Investment Broker
- Lawyer
- Mathematician
- Pharmacist
- Physician
- Physicist
- Researcher
- Statistician
- Scientist
- Statistician

3. Spatial intelligence (aka “picture smart”)

The ability to think in ‘3D’, including imagination, space deductive, make good use of images, art and graphics.

- 3D Modeling & Simulation
- Architect
- Artist
- Cartographer
- Computer Programmer
- Engineer
- Fashion Designer
- Film Animator
- Graphic Artist /Designer
- Interior Decorator
- Mechanic
- Outdoor Guide
- Painter
- Photographer
- Pilot
- Sculptor
- Navigator
- Strategic Planner
- Surveyor
- Truck Driver
- Urban Planner
- Webmaster

4. Bodily-Kinesthetic Intelligence (aka “body smart”)

The body knowledge and awareness to be physically proficient with the combination of body and mind, have perfect control of your moves and operate objects.

- Actor/ Actress
- Athlete
- Builder
- Carpenter
- Choreographer
- Computer Games Designer
- Craftsperson
- Dancer
- Doctor of Sports
- Firefighter
- Forest Ranger
- Jeweler
- Mechanic
- Paramedic
- Performer
- Personal Trainer
- Phys Ed Teacher
- Physical Education Instructor
- Farmer
- Physical Therapist
- Recreation Specialist
- Surgeon
- Yoga Instructor

5. Musical intelligence (aka “music smart”)

A developed ear and sensitivity to musical elements such as pitch, melody, rhythm or tone.

- Audiologist
- Choir Director
- Disc Jockey
- Music Camp Counselor
- Music Comedy Actor
- Music Critic
- Music Lawyer
- Music Librarian
- Music Promoter/ Publisher
- Recording/Sound Engineer/Editor
- Music Teacher/Voice Instructor
- Music Therapist
- Musician
- Orchestra Director
- Piano Tuner
- Singer
- Songwriter
- Speech Pathologist

6. Interpersonal Intelligence (aka “people smart”)

This includes effective verbal and non-verbal communication, the awareness of individual uniqueness, empathy and sensitivity.

- Actor
- Administrator
- Child Care Worker
- Coach
- Communications Manager
- Conflict Resolution Specialist
- Counsellor
- Cruise Director
- Customer Service Rep
- Dental Hygienist
- Diplomat
- Group Mediator
- Human Resources Executive
- Human Resources Manager
- Leader
- Manager
- Marketing Specialist
- Mediator
- Nurse
- Peace Corps
- Politician
- Psychologist
- Public Relations
- Receptionist
- Religious Leader
- Sales Representative
- Social Worker
- Teacher
- Trainer/Facilitator
- Travel Counselor
- Waiter/Waitress

7. Intrapersonal intelligence (aka "self-smart")

Those who own the ability to understand themselves, in a profound way. It allows them to analyze and control personality or even the behavior of others.

- Actor
- Artist
- Career Counselor
- Coach
- Consultant
- Criminologist
- Energy Healer
- Entrepreneur/ Owner
- Futurist/Trend Predictor
- Intelligence Officer
- Philosopher
- Personal Counselor
- Psychic
- Psychologist
- Writer
- Researcher
- Spiritual Counselor
- Theologian
- Therapist
- Wellness Counselor

8. Naturalist Intelligence (aka "nature smart")

Seeing patterns in nature and having a clear idea of the workings of man-made and natural developments.

- Air Quality Specialist
- Animal Health Technician/ Trainer
- Anthropologist
- Astronomer
- Biologist
- Botanist
- Chef
- Ecologist
- Environmental Lawyer
- Environmentalist
- Farmer
- Forest Ranger
- Meteorologist
- Gardener/ Landscaper
- Marine Biologist
- Nature Photographer
- Navigator
- Paleontologist
- Park Naturalist
- Veterinarian/Assistant
- Water Conservationist
- Wetlands Ecologist
- Wilderness Guide
- Wildlife Illustrator

